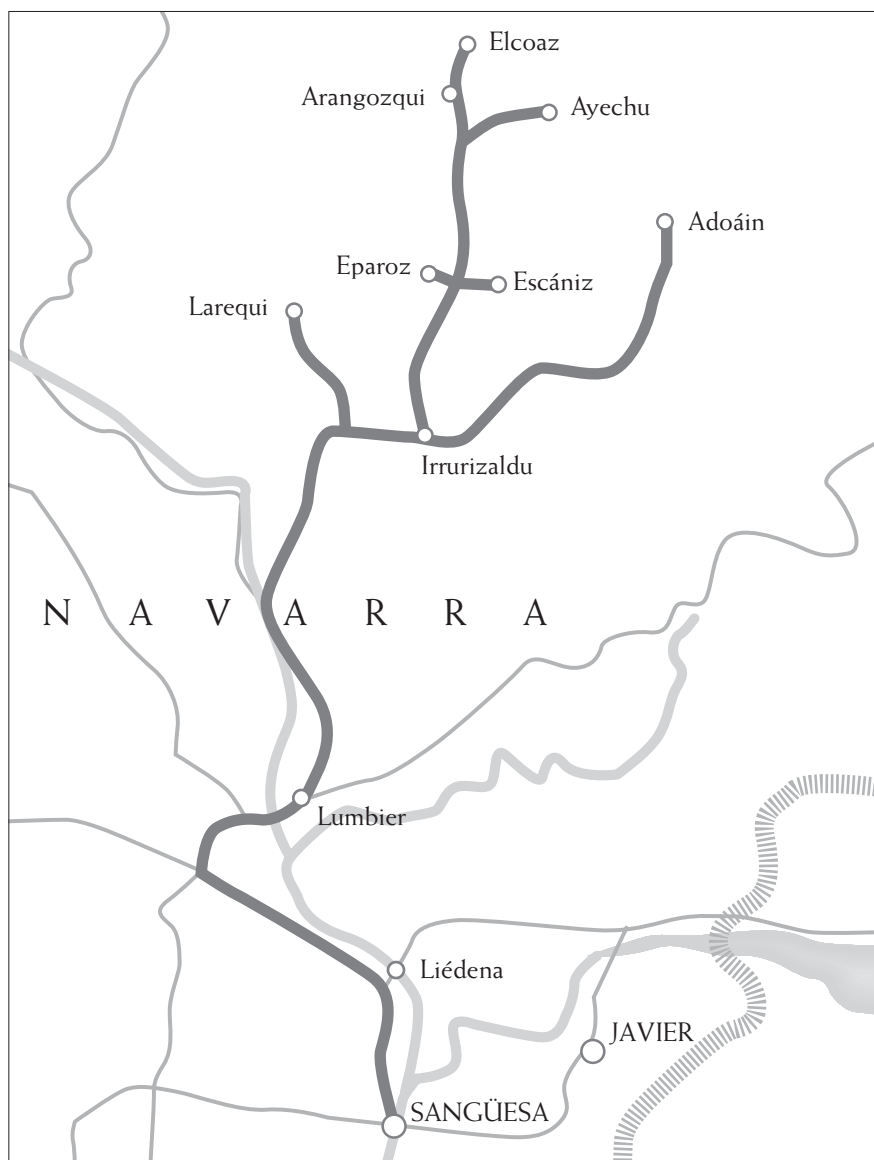


Navarre

'LOS URRAÚLES' WAY



The "Camino de los Urraúles" is a road of 112 kilometres through the heart of the Merindad of Sangüesa. The route is ideal for those seeking peace and quiet and the opportunity to relax in contact with nature. Urraúl Bajo and Urraúl Alto are two geographical areas which occupy 160 square kilometres between the foothills of the Sierra de Tabar, the Sierra de Zariquieta and Idacorri; without notable summits or thick forest, this landscape revitalizes the visitor traveler.

Huts and pastoral ruins bear witness to its agricultural past, as do Romanesque-influenced Gothic churches to the religious faith of its population. The river Areta which runs from the Urraúles from north to south, flows into Rípodas, forming the Ugarrón gorge, a zone containing dolmens and burial mounds. The summits of Mochorro, Borrosco and Remendía, all more than 1300 metres close off these valleys, offering a refreshing panoramic view of all of the Urraúles.



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